

Lakota Circles of Hope Facilitator Fidelity Self-Assessment Form

Lesson 5: My Star Quilt of Friendship (week 2)

Date: _____ Grade: 3rd Number of Students: _____ Boys _____ Girls _____

Start Time: _____ End Time: _____ Estimated Time on Task: _____

School: _____ Facilitator/Educator: _____

Please check off activities that were completed.

Activity	Completed	Facilitator	√	Youth Outcome
1. Review last lesson 2. Talking Circle & Smudge	<input type="checkbox"/>	Highlight last lesson "My Star Quilt of Friendship (week1)" and last week value fortitude- wowacintanka (wo-wa-cin-tan-ka)	<input type="checkbox"/>	To learn what constitutes good character in a person. All students will be able to actively participate, and take ownership inside the Medicine Wheel Circle.
	<input type="checkbox"/>	Have Students form Medicine Wheel Circle and smudge, Talk about circle protocol. Introduce today's value fortitude- wowacintanka (wo-wa-cin-tan-ka)		
3. Read Shota and The Star Quilt	<input type="checkbox"/>	Review the story "Shota and The Star Quilt" with the students. Review or obtain any additional meaning from the story.	<input type="checkbox"/>	Students will understand value of fortitude.
	<input type="checkbox"/>		<input type="checkbox"/>	Students will identify some good character traits in themselves, and others
4. Do "The Gossip Game"	<input type="checkbox"/>	Pass out workbooks & pencils.	<input type="checkbox"/>	To teach students to help identify what makes a person a friend, and how being a good friend helps others make good choices.
	<input type="checkbox"/>	Ask students to write some gifts of Fortitude that they shared with others.		
	<input type="checkbox"/>	Discuss the significance of the star quilt and explain the tradition of giving a star quilt to honor someone for being a good friend.		Students will be able to identify ways of creating and maintaining healthy friendships.
	<input type="checkbox"/>	Tell the students that they are going to make a friendship star quilt together. This will help them identify what makes a person a friend and the characteristics they find important in a friendship.		
	<input type="checkbox"/>	Closing: Put all materials away.		

1) Were there any challenges with any of the activities? ___ Yes ___ No

Why? _____

2) Did you skip any activities? ___ Yes ___ No

Why? (e.g., group too large, had mandatory fire drill, etc.) _____

3) Which activity or activities went especially well for you?

4) Did you make any changes in this session? ___ Yes ___ No

Why? _____

5) If you made any changes how would you rate the changes?

___ **Green (Spontaneous or Minor)**

___ **Yellow**

___ **Red (Major)**

___ **Does not apply**