

**Lakota Circles of Hope
Facilitator Fidelity Self-Assessment Form**

Lesson 4: My Star Quilt of Friendship (week 1)

Date: _____ Grade: 3rd Number of Students: _____ Boys _____ Girls _____

Start Time: _____ End Time: _____ Estimated Time on Task: _____

School: _____ Facilitator/Educator: _____

Please check off activities that were completed.

Activity	Completed	Facilitator	✓	Youth Outcome
1. Review last lesson 2. Talking Circle & Smudge		Highlight last lesson "Wolakota" and last week value generosity-wacantognaka (wa-can-to-gnaka)		To learn what constitutes good character in a person. All students will be able to actively participate, and take ownership inside the Medicine Wheel Circle. Contributed to increasing a student's self esteem.
		Have Students form Medicine Wheel Circle and smudge, Talk about circle protocol. Introduce today's value fortitude- wowacintanka (wo-wa-cin-tan-ka)		
3 Read "Shota and The Star Quilt"		Read story "Shota and The Star Quilt" Process with students the meaning of the story and ask questions as outlined in lesson plan.		Students will understand value of fortitude.
				Students will identify some good character traits in themselves, and others
4. Do "The Gossip Game"		Pass out workbooks & pencils.		To teach students to help identify what makes a person a friend, and how being a good friend helps others make good choices.
		Ask students to write some gifts of fortitude that they shared with others.		
		Discuss the significance of the star quilt and explain the tradition of giving a star quilt to honor someone for being a good friend.		Students will be able to identify ways of creating and maintaining healthy friendships.
		Tell the students that they are going to make a friendship star quilt together. This will help them identify what makes a person a friend and the characteristics they find important in a friendship.		
		Closing: Put all materials away.		

1) Were there any challenges with any of the activities? ___ Yes ___ No

Why? _____

2) Did you skip any activities? ___ Yes ___ No

Why? (e.g., group too large, had mandatory fire drill, etc.) _____

3) Which activity or activities went especially well for you?

4) Did you make any changes in this session? ___ Yes ___ No

Why? _____

5) If you made any changes how would you rate the changes?

___ **Green (Spontaneous or Minor)**

___ **Yellow**

___ **Red (Major)**

___ **Does not apply**